



Certificate of Achievement

Sorina Chiritescu

has completed the following course:

THE HUMAN MICROBIOME
EIT FOOD AND UNIVERSITY OF TURIN

This course has explored what the microbiome is, how it changes throughout your life, and the role it plays in good human health.

3 weeks, 4 hours per week



Maarten van der Kamp
Director of Education
EIT Food



Luca Cocolin
Professor at University of Torino
University of Turin



Co-funded by the
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The person named on this certificate has completed the activities in the attached transcript. For more information about Certificates of Achievement and the effort required to become eligible, visit futurelearn.com/proof-of-learning/certificate-of-achievement.

This certificate represents proof of learning. It is not a formal qualification, degree, or part of a degree.



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THE HUMAN MICROBIOME EIT FOOD AND UNIVERSITY OF TURIN

97%
OVERALL
SCORE

This online course has explained the functions that human microbiome has in the gastrointestinal tract and the links between human microbiome and diseases. Through exploring how the human microbiome changes throughout life, the course has provided insight into the complexity of the human microbiome communities and the role that food plays in its modulation.

STUDY REQUIREMENT

3 weeks, 4 hours per week

LEARNING OUTCOMES

- Describe how the human microbiome changes throughout the human life
- Identify the role of food in the modulation of human microbiome
- Explain the functions that human microbiome has in the gastrointestinal tract
- Discuss the links between the human microbiome and diseases
- Debate the human microbiome and its relationship on our daily lives
- Assess the complexity of the human microbiome communities

SYLLABUS

- The human microbiome, role in human health and how it changes during life
- How can we determine our gut microbiota
- The role of food and lifestyle in the modulation of human gut microbiome
- The human microbiota and prevention of diseases through microbiota-directed foods